Cumberland County Morris Essex Union Hunterdon Middlesex Mercer Monmouth Burlington Camden Atlantic Cumberland

CUMBERLAND COUNTY Nutrition Programs

Program Name:	Nutrition Program
Agency/Institution:	Vineland Health Department
Address:	18 North East Avenue, PO Box 1508, Vineland, NJ 08362-1508
County:	Cumberland
Phone:	856-794-4131
Focus:	Teach lessons on ways to eat out and make healthy choices
Services:	
Population served:	Children
Funded by:	State
Fees & Charges:	None

Program Name:	County Nutrition Program
Agency/Institution:	Cumberland County Office on Aging and Disabled
Address:	790 E. Commerce St., Bridgeton, NJ 08332
County:	Cumberland
Phone:	856-453-2220
Focus:	Encourage good nutritional habits and information
Services:	□ • □ 9
Population served:	Adults, seniors
Funded by:	Federal
Fees & Charges:	None
Other information:	Program provides information for cancer patients/survivors

Key:	Education Materials	Workshops/Classes	Program Evaluation	Description Counseling
	Y Equipment or Facilities fo		Choices in Cafeteria/Vend	
	Fruits and Veggies-More	Matters® (new campaign	replacing 5 A Day Program	N22 CO 171

CUMBERLAND COUNTY Nutrition Programs

Agency/Institution:	Edgar Joyce Senior Center of Upper Deerfield Twp.
Address:	P.O. Box 5098, Seabrook, NJ 08302
County:	Cumberland
Phone:	856-451-5649
Focus:	To provide at least one complete nutritious meal a day
Services:	
Population served:	Ages 60+
Funded by:	Federal
Fees & Charges:	None, donation

CUMBERLAND COUNTY Physical Activity Programs

Program Name:	Healthy Bones
Agency/Institution:	Cumberland County Office on Aging and Disabled
Address:	790 E. Commerce St., Bridgeton, NJ 08302
County:	Cumberland
Phone:	856-453-2220
Focus:	Promote healthy exercise and prevent osteoporosis
Services:	□ 9 • 'Y'
Population served:	Adults, seniors
Funded by:	Grants
Fees & Charges:	None
Other information:	Train the trainer physical fitness classes and country line dancing Program provides information for cancer patients/survivors

Program Name:	Cardiovascular Health Presentations including Nutrition and Physical	
	Activity information	
Agency/Institution:	Cumberland County Health Department	
Address:	790 East Commerce Street, Bridgeton, NJ 08302	
County:	Cumberland	
Phone:	856-453-2150	
Website:	www.cshealth.org	
Focus:	Educate individuals on how to achieve healthier lifestyles	
Services:		
Population served:	All ages	
Funded by:	Local, county	
Fees & Charges:	None	
Other information:	Program provides information for cancer patients/survivors	

Key:	Education Materials	♥ Workshops/Classes	Trogram Evaluation	D Counseling
	TEquipment or Facilities fo		Choices in Cafeteria/Vend	
	Fruits and Veggies-More	Matters® (new campaign :	renlacing 5 A Day Program	

CUMBERLAND COUNTY Physical Activity Programs

Program Name:	Vineland PaceSetters
Agency/Institution:	Vineland Department of Health
Address:	640 E. Wood Street, Vineland, NJ 08362
County:	Cumberland
Phone:	856-794-4000
Website:	www.vinelandcity.org/nursing
Focus:	Promote healthy living
Services:	
Population served:	Ages 50+
Funded by:	Grants, state
Fees & Charges:	None

Agency/Institution:	Edgar Joyce Senior Center of Upper Deerfield Twp.
Address:	P.O. Box 5088, Seabrook, NJ 08302
County:	Cumberland
Phone:	856-451-5649
Focus:	Enhance the quality of life and keep our seniors active
Services:	□ • □ '
Population served:	Ages 60+
Funded by:	Own funding, grants
Fees & Charges:	None, donations
Other information:	Programs provides information for cancer patients/survivors

Key:	Education Materials	♥ Workshops/Classes	Trogram Evaluation	D Counseling
	TEquipment or Facilities fo		Choices in Cafeteria/Vend	
	Fruits and Veggies-More	Matters® (new campaign :	renlacing 5 A Day Program	